TEEN NOW!

By Frances H. Paulette

Next Year Is Here!

It's almost gone, this old year,
And how the months did fly!
So many things I meant to do - - -
I didn't and I don't know why.

Seems like there was always a lack of time,
Was it often the same with you?
I'd plan to do some worthwhile thing,
Then do what I wanted to do.

I'd say to myself, there'll be time next week,
And then next week was gone,
Opportunities came, I let them pass,
And then the months wore on.

Next year I'll budget my time, I said,
That's the only thing to do;
Now next year is here with a whole new start -
I'm glad! How about you?

Ready or not, it'll soon be 1978; a brand new year, fresh and full of opportunities. A chance for so many things that would enrich our own lives and the lives of others. Oh well, you say, that's all good and well to take advantage of all that life has to offer, but does it have to be in January? I'd rather wait, you say. I really need the rest after the hectic rush of the holiday seasn. During January I'll be lucky to do just those things I have to do to get by. Now Frebruary - - - that's a whole new ball game.

The next thing you know, it's February; the weather isn't much better than January (maybe even worse!), and February is such a short, short month. I really don't feel like doing much for myself or anyone during February, so I'll just be lazy one more month. Maybe soon Iwill use my time to better advantage.

Suddenly you hear the strains of Welcome Sweet Springtime—the only trouble is that you're not exactly in the mood to welcome anything! Spring fever already has you in it's clutches. Oh my, you think to yourself, all those things I really wanted to do—the class I wanted to take, the study group I was invited to join, the shut-in that I promised myself that I would visit. And what about that redecorating project that I had planned to do in order to save some money! They all loom so large, especially when the weather will be getting hot. Maybe I had better wait.

On and on we go, putting off, pushing into tomorrow anything that might require a little bit of extra effort. Maybe you are not one bit guilty of wasting precious time, and if you're not, then you're one of a kind and I heartily congratulate you!

Well, next year is here. What are you going to do with it? What am I going to do with it? I don't like to make a long list of New Year's Resolutions because I always end up breaking them; do you? Instead of a resolution, how about a "I will try—."

I will try, with God's help, to take advantage of every beautiful minute of every day, realizing that it could very well be my last. To welcome and take advantage of opportunities that could enrich my own life or the lives of those around me; to try, every day, to bring some extra happiness to those with whom I come in contact. To reach my full potential by living life to the very best and fullest, knowing that all too soon, today will be yesterday, and when today becomes yesterday, it is gone forever and so are the opportunities it brought.

Yes indeed, next year is here! What are we going to do with it! **HAPPY NEW YEAR!!**

Chestnut Grove

Mr. and Mrs. C. J. Morris and Cindy moved into their new home Saturday. Mr. and Mrs. Wilbur St. John of Orlando, Florida arrived Saturday for a visit with them.

Mr. and Mrs. Roger Morris and family attended the Christmas program at Bethel Methodist Church Sunday and were dinner guests of Mr. and Mrs. Rice Seay at Andersonville.

The Marvin and Carl Glover families of Hixburg visited during the week end in the Morris Homes.

Mrs. Emily O'Brien of Richmond was a Sunday guest of Mr. and Mrs. Berkley O'Brien.

The Youth Sunday School Class of the Chestnut Grove Baptist Church entertained The Senior Citizens with a supper Saturday night at the church.

H. Flood Harris of Green Bay had lunch Sunday with Mr. and Mrs. Russell L. Harris.

Sympathy is extended to Dr. Edgar Johnson and family in the death of Mrs. Johnson.

Mr. and Mrs. K. M. Beasley Jr. and Kathy were Saturday visitors of Mrs. Katherine Carson at Spout Spring.

The annual Christmas program at Chestnut Grove Baptist Church will be presented Saturday, December 24, at 8:00 P.M.

Kenneth and Randy Cook of Prospect are spending several days this week with their grandparents, Mr. and Mrs. W. T. Cook.

ELEMENTARY SCHOOL MENU

Tues., Jan. 3 - Surf Patties, Tomato and Lettuce Salad, Hot Rolls, Tater Tot, Fruit Cup, Milk.

Wed., Jan. 4 - Sliced Turkey W/Gravy, Cranberry Sauce, Hot Rolls, Green Beans, Creamed Potatoes, Apple Cobbler, Milk.

Thurs., Jan. 5 - Hot dog on bun, w/chili, Pork & beans, Cole Slaw, Pear Halves, Cookie, Milk.

Fri., Jan. 6 - Cheeseburger, Green Peas, Bu Corn, Yellow Cake, W/Icing, Milk.

Write Right With
The Pen Of Your Choice
The Times-Virginian

"The South 40"
by JAMES A. SMITH
EXTENSION AGENT

Certainly the news media in recent weeks has had agriculture as one of its lead stories. Emotions can build for or against the protagonist very quickly. Several weeks ago, I heard a speaker in Chicago address the question of farmer strikes. He predicted that the effort this year would fail, but it would be attempted again next year and the next. He said there would be a long string of failures, but one day-it would be successful. How quickly success comes depends on the responsiveness of government and consumers to the low returns farmers are currently receiving.

* * *

Marketing of Fire Cured Tobacco this season has been characterized by long lines of waiting. Plans outlined on December 14 by the Marketing Committee calls for reopening the market January 17th. Growers will be required to book space for the remainder of the season.

It's estimated that 55% of the crop was marketed before Christmas. This means there will be about 3 million pounds to be market before Feb. 9.

* * *

The Cycle-Let; which is a closed loop system, takes wastes from a toilet and progesses them through a series of chambers. The system returns clean, odorless water, free of bacteria, to the toilets. According to the firm, no pollutants are emitted to the air or ground, and the process does not require the addition of chemicals or water. Company representatives say that this system could save up to 600,000 gallons of water a year. The fence-wire crimper which is widely advertised works well in repairing and tightening both woven and barbed wire.

* * *

The June 3, 1977 edition of **U. S. News and World Report** carried a story that might be well for us to reflect on as we come to the close of another year.

The homesteaders on the plains of Texas and Oklahoma found that trees were often rare and precious things.

Once the house was built, the well dug, and the first crop harvested, they would plant their "Grandchildren Grove."

The grove began with one pecan tree that was laboriously cared for and watered. This process was repeated annually.

There was a saying that explained: "Plant corn for yourself and pecans for your grandchidren."

Some farmers felt work that went unrewarded for generations was a waste.

Instead of pecans, some planted plum trees that grew quickly and soon produced fat, juicy fruits. For a decade or two, the plum trees did well, but eventually the bushes became a snarl of scraggly, unproductive branches.

Instead of tall, stately pecan trees, the grandchildren had the burden of clearing a thicket.

It's planting time now for America. The soil awaits decisions that can shade and comfort the future, or create only thickets.

Should we go mindlessly wasting precious natural resources, seeking to prolong an easy going life we know cannot last?

Or should we conserve as best we can, keeping in mind our children and our children's children?

Should we skimp on money for basic research, while over-spending on bigger race tracks and sports palaces, with multi-million - dollar contracts for young athletes?

Or should we also be building better libraries and laboratories, planting the seeds of tomorrow's science and technology?

Just what are we planting anyway?

PAMPLIN

DEC. 20 - Mrs. George Harrison of Montclair, N.J., is spending the Christmas holidays with her sister, Mrs. Robert Harris.

Mr. and Mrs. Wilbur St. John of Orlando, Fla., arrived this week end to spend the Christmas holidays with his parents, Mr. and Mrs. Harry St. John.

The Order of Eastern Star Chapter No. 58 met Tuesday night at the Masonic Hall for the annual Christmas party.

The Homemakers Club met with Mrs. Ralph Inge last Thursday night. Supper was served and exchanging of gifts. Mrs. Grace Williams, president, presided over the business meeting.

Mr. and Mrs. Clarence Franklin, Kenneth, Shelia and Doug visited on Christmas Day in the home of Mrs. Ralph Riegel in Emporia. Mr. and Mrs. Steve Franklin and daughter, Jennifer, of Appomattox also visited in the same home on Christmas Day.

A. A. MEETING
TUESDAYS, 8:00 P.M.
ST. ANNE'S
EPISCOPAL CHURCH

MT. AIRY NEWS

DEC. 22 - The Sunshine Singers program were a success. Rev. Deb Christian preached an inspiring sermon, "Humble Yourself as a Little Child." Beautiful, beautiful music was rendered by the Beams of Glory from Charlotte Court House. M. C. - Miss Veronica Humbles; Scripture, Deacon Herman Meggerson; Prayer, Deacon Job Humbles; Welcome Address, Little Mr. Fredrick Napier; Response - Mrs. Smith, from Charlotte Court House; History, Miss Tracy Jones; Induction of Speaker; Deacon Percy Johnson; Sermon, Rev. Deb Christian. We thank the guest choir for coming and being with us. Offering - Deacon Elwood Christian, Deacon Herman Meggenson; Deacon Job Humbles. Mrs. Hulden Johnson, mother of the church and mother of the choir, was presented a gift from the Sunshine Singers at the closing altar prayer by Rev. Christian for "Togetherless and Peace" in church. Beautiful hymn by the Beam of Glory. Let us live for Jesus and walk with him for Jesus is the light. I pray and ask Father in Heaven to bless all parents, whose sons are somewhere walking on foreign land to throw his loving arms around them and shield them from all hurt, harm and danger. Christmas is a blessed time. Christmas is joy because there is a Savior behind everything there is. God the Father please bless the staff of **Times-Virginian**. Have a Merry, Merry Christmas.

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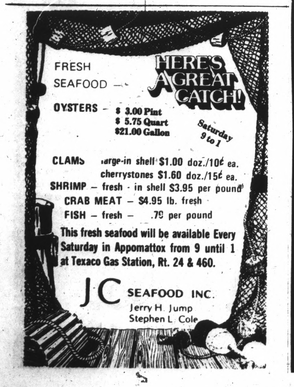
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photo by B. Pankey

BETA SIGMA PHI OFFICERS - Pictured left to right are officers of the Delta Zeta Chapter of Beta Sigma Phi. They are Vicki Lucado, Extension Officer; Ruby Roach, Corresponding Secretary; Bonnie Pankey, Recording Secretary; Christine Knight, Treasurer; Virginia Tweedy, Vice President; and Cheryl LeGrande, President.

Relaxing Is Stressed

BLACKSBURG - Locate a place for relaxing in your space for living, suggests Katherine Habel, Extension home furnishings specialist. Then find time to unwind. Consider the living, dining, family or bed rooms. Also you might locate a space that is not being used such as the attic, garage, under stairs, a nitch in a room, or redesign a hallway.

It's not just in the imagination. People relax more easily in an appealing, decorated space. It is refreshing to wake up in a good looking bed," said Habel, assistant professor of clothing, textiles and related art at Virginia Tech.

Habel listed some ways to make sure of a comfortable bed. Select the pillow you like. There are many from which to choose. Down is very soft and very expensive, so most feather pillows include other feathers - duck, chicken or turkey. Almost three quarters of pillows sold are of man-made materials, usually polyester. The best is probably continuous multifilament fiber (identified on label) spun like taffy into a bag; as firm or as soft as you like.

Hard or soft, flat or fat, pillows are largely a matter of personal comfort. Those with back problems should choose pillows that let their spines rest as nearly straight as possible. Baby pillows, 12 by 6 inches, can support elbows.

Bed pillow standard sizes are 20 by 27 inches; queen, 21 by 31 inches; and king, 21 by 37 inches.

If you have allergies, both you and the bed partner need non-allergenic pillows. Man-made fibers are best, or foam that is kept absolutely dry, sealed in non-allergenic casings. Pillows of bright colors coordinating with sheets, blankets and bedspreads make the bed a center of interest in the room.

In choosing a mattress there is a choice of innerspring, foam, water bed and others. More than 80 per cent of mattresses sold are innerspring. Ask to see how the springs and padding are put together. The quality of materials and construction determines the quality of the mattress. Note if it complies with government inflammability regulations. A new synthetic foam has many of the advantages of hard-to-get latex. Most waterbeds now come with safety liners and heaters.

"Extra firm" and "super firm" merely mean the mattress is harder than the manufacturer's "firm" model.

Lie down. Don't just push and prod when you test a mattress. Lie down on it with your bedpartner. Stretch out, relax.

How do you tell when a new mattress is needed? When you start to wonder if you need a bed board, or when sleep just isn't what it once was.

Habel listed some pointers for selecting a mattress. Purchase mattress and box springs together. They're built to cooperate. Inspect the warranty. New federal regulations state that it must spell out details in plain language. Materials and workmanship may be warranted from one to 15 years - longer in the better mattresses.

Hunt until you find a mattress that fits. Full size means only 27 inches each for two people. Don't fall for a pretty pattern on the ticking. This will be covered up.

Cottage Cheese Loaf

2 tbsp. Margarine
1 onion, chopped fine
2 tsp. Savorex
3 eggs
2 cups cottage cheese
½ cup bread crumbs, (dry)
¼ tsp. Accent
Salt (as desired)

1. Braise onions in margarine and add Savorex.
2. Beat eggs slightly and combine all ingredients thoroughly.
3. Place in well-oiled bread pan or Pyrex loaf pan.
4. Bake at 350° for about 45 minutes, or until set.
5. Serve with brown gravy.

(Note: The bread crumbs are a thickening factor. Vary as needed, depending upon the liquid in the cottage cheese.)

Woman's Club Meeting Date Changed

The Woman's Club of Appomattox will meet on Tues., Jan. 3 at 7:30 p.m. in the Farmers National Branch Bank at Triangle Plaza.

"A lazy sheep thinks its wool heavy." Thomas Fuller

Society News

Mr. and Mrs. Richard Alvis, of Sunnyvale, California, spent the Christmas holidays with their son-in-law and daughter, Mr. and Mrs. Paul Ford and family.

* * *

Mr. and Mrs. Mel Coleman and Jimmy and Susan Fontaine, of Farmville, spent Christmas Day with her sister and brother-in-law, Mr. and Mrs. Lloyd Vaughan and son, Bill.

* * *

Mr. and Mrs. Eddie Barron of Arlington arrived Monday to spend several days with her mother, Mrs. G. Lewis Doss.

* * *

Mr. and Mrs. Harry B. Stanley will return home this week after spending Christmas in Freeport, Bahama with their son, Bill, who is receiving treatment there. Bill's new address is Mr. William E. Stanley, Box 2515, Lucayan Towers, South Building, Apt. 809, Freeport, Bahama. He would enjoy cards from friends.

* * *

Mr. and Mrs. Alvin Hudson of Roxboro, North Carolina, spent Monday and Tuesday of this week with Mr. and Mrs. Eddie Wooldridge.

* * *

J. Lloyd Hudson spent Monday and Tuesday of this week visiting relatives in Clarksville.

* * *

Visiting in the home of Mr. and Mrs. Herman Puckett was their son-in-law and daughter, Mr. and Mrs. Robert Johnson and daughters, Charlene and Leigh Ann, of Richmond.

* * *

Mr. and Mrs. Paul Bugg, Hugh and Nadine and Craig and Rhonda Womack visited Mr. and Mrs. Burke Smoot of Gladstone, Christmas Eve Day.

* * *

Mrs. Mildred Johnson of Clifton Forge, Mrs. Lucy Tyree of Richmond, and Mr. and Mrs. Burke Smoot of Gladstone were dinner guests in the home of Mr. and Mrs. Paul Bugg, Monday, December 26, 1977.

* * *

Mr. and Mrs. Paul Bugg accompanied Mrs. Mildred Johnson back to Clifton Forge for a brief visit.

* * *

Spending the Christmas holidays with Mr. and Mrs. Thomas M. Richardson were their daughters and families; Mr. and Mrs. Barry L. Beale, Lynn, Timmy and Angela of Culpeper, Virginia; Mr. and Mrs. J. R. Megginson, Jr., Jessica and Jonathan of Richmond, Virginia; and Mr. and Mrs. Len Barnwell and Bruce of Rockingham, North Carolina.

* * *

Mrs. Thomas M. Richardson is a patient in Virginia Baptist Hospital.

* * *

Mrs. Janie Mayberry is a patient in Lynchburg General Marshall Lodge Hospital.

* * *

Julieo Viszcano of Quito, Ecquador, South America and Bluefield College spent the Christmas holiday in the home of Mrs. Frances H. Paulette and E. W. He left on Tuesday to spend the remaining holiday with his parents in South America.

* * *

Miss Gaye Kiefert of Waynesboro, spent the Christmas Holiday in the home of Mr. and Mrs. Bruce H. Paulette and family. Other dinner guests on Christmas Day included E. W. Paulette, Jr., Mrs. Frances H. Paulette and Julieo Viszcano.

* * *

Mr. and Mrs. Bruce H. Paulette and children, Traci and B. H. III were supper guests on Christmas Eve of his mother and brother, Frances H. and E. W. Paulette.

* * *

Mr. and Mrs. Dan Edward and family, of Franklin, Virginia, spent the Christmas holidays in the home of her parents, Mr. and Mrs. W. DeWitt Harvey.

* * *

Mr. and Mrs. Paul Bishop and Joe spent Christmas in the home of her mother, Mrs. Ayre Paulette.

* * *

Mr. and Mrs. Fred Wooldridge spent the Christmas week end in the home of their son and daughter-in-law and family, Mr. and Mrs. Cecil Wooldridge.

* * *

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THE TIMES-VIRGINIAN

Senior FHA Held Meeting

On December 21, 1977, the Senior Chapter, Future Homemakers of America met in the cafeteria at Appomattox County High School.

The meeting was called to order by Mary Dyess. Jane Almond gave the devotions. Pam Taylor, secretary, called the roll and gave the secretary's report.

The Skating Party report was given by Cherly Elliott. The following people ran for Miss FHA and raised money for the chapter: Merry Wright, Bonnie Hubbard, Gayle Ragland, Tina Mann, Verna Cress, Fannie Calloway, and Joan Williams. Merry Wright was the winner from ACHS for raising the most money. The Senior Chapter, FHA wishes to express its appreciation to the people who participated in the Miss FHA Contest.

The Welfare Committee report was given by Joan Williams. She told about the Christmas Party that was given for the children at the Miller Home in Lynchburg.

Other committee reports that were given are the Dancethon report by Susan Parris and the Valentine's Dance report by Shelby Dunnam.

The Girl of the Month for December was announced by Merry Wright. The Girl of the Month for December is Shelby Dunnam.

The program was given by Susan Parris and other members of the chapter. It was a skit written by Susan Parris that was a revised version of "The Night Before Christmas". After the skit, songs were sung.

The meeting was then adjourned by Mary Dyess.

Shown in the picture above, are several people who participated in the skit. From left to right, they are: Mary Simpson, Cheryl Walton, Joan Williams, Janet Nealley, Sandy Gaynor, and Rhonda Eagle.

Primary Menu

Tues., Jan. 3 - Hot dog on bun, pork & beans, slaw, cake, milk.

Wed., Jan. 4 - Barbecue on bun, steamed cabbage, potato puffs, jello & topping, milk.

Thurs., Jan. 5 - Hamburger on bun, seasoned cabbage, potato puffs, jello & topping, milk.

Fri., Jan. 6 - Cream of tomato soup, crackers, grilled cheese sandwich, milk, apple sauce, ice cream.

"A hog in armor is still a hog." Thomas Fuller

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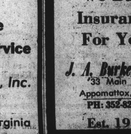

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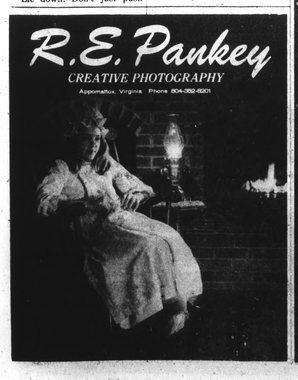

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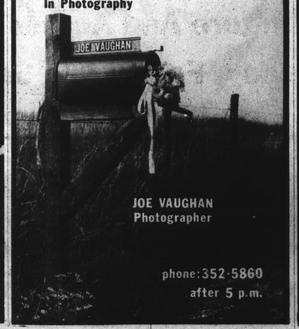

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